

Workshops

Appendix F

Workshops

The Surgeon General's Conference

HEALTHY CHILDREN



--- Ready to Learn ---

The Critical Role of Parents

Washington, DC

February 9-12, 1992

Workshop 1

Eight Fatal Parent Paradigms and What You Can Do About Them

Bill Oliver
Executive Director
PRIDE Parent Training

Drugs are not new. However, parents' perspectives now about drugs are new. This workshop explored eight parental viewpoints that lead to adolescent involvement with the drug culture and described a model that can be used to shift these viewpoints.

Workshop 2

Caring for Your Infant and Young Child, AAP Publication

Steven P. Shelov, M.D.
Professor and Vice Chairman
Albert Einstein College of Medicine
Montefiore Medical Center

With the AAP's childcare book as an example, this workshop demonstrated to parents how to use the childcare information found in a parent guide to promote the health and well-being of their children.

Workshop 3

Department of Education Resource Room

The Education Resource Room allowed Conference participants to obtain more information on relevant programs administered by the U.S. Department of Education. Printed materials were available, and program officers were on hand to explain how each program works, how to apply for funding, and other important information.

Workshop 4

Migrant Education: Integration of Services

Patrick F. Hogan
Education Program Specialist
Office of Migrant Education
U.S. Department of Education

This workshop shared information about the Office of Migrant Education's coordination efforts among various programs and with other identified agencies that offer services to the Migrant population.

Workshop 5

An Introduction to the Head Start-Public School Transition Demonstration: The Importance of Parents

Michele Ann Plutro, Ed.D.
Education Specialist
Head Start Bureau

The workshop briefly outlined the Head Start transition demonstration and the key components required for its implementation in 1992, 1993, and 1994. The involvement of parents and families within the transition project was discussed.

Workshop 6

Head Start Initiatives for Parents: The National Parent and Child Centers' Program and the Comprehensive Child Development Program

Richard H. Johnson
Chief, Social Services, Parent Involvement, Parent-Child Centers' Branch
Head Start Bureau

Allen N. Smith
Special Assistant, Associate Commissioner
Head Start Bureau

This workshop presented two national special demonstration programs that are administered by the Head

Start Bureau and focused on providing services to income-eligible families with children younger than Head Start age. Both programs emphasize approaches and strategies that support the role of parents.

Workshop 7

Preventing Injuries to Children: What, Why, and How

Modena E. H. Wilson, M.D., M.P.H.
Associate Professor of Pediatrics
Johns Hopkins University

In this workshop, the most important causes of injury in early childhood were outlined. High risk groups were identified, and developmental issues were discussed. Prevention strategies and their implementation were presented. Supporting materials were provided.

Workshop 8

Public Health Issues in Child Daycare

Stephen B. Thacker, M.D., M.Sc.
Director
Epidemiology Program Office
Centers for Disease Control

This workshop focused on the public health issues related to children in daycare. Issues included the prevention of infectious diseases and injuries, the potential benefits of child daycare (especially with regard to child development), issues regarding children with special needs, and occupational health issues.

Workshop 9

Violence in Childhood: Where Does It Come From and What Can We Do About It?

Mark L. Rosenberg, M.D., M.P.P.

Director, Division of Injury Control
National Center for Environmental Health and Injury Control
Centers for Disease Control

This workshop examined the problem of violence in America and focused on (1) the magnitude of the problem, (2) the impact of violence on children, (3) the public health approach to violence prevention, and (4) potential interventions and strategies for prevention.

Workshop 10

Immunization Coalitions: Mobilizing Communities to Increase Access to Care

Deborah Clark

National Field Director
National Immunization Campaign

This workshop related the experiences of the National Immunization Campaign that united the efforts of more than 25 national organizations and 75 community-based coalitions to demonstrate ways that diverse coalitions can broaden public access immunization and other primary care services.

Workshop 11

Parent Action: Finally! An Organization for ALL Parents

Rosalie Streett, M.S.

Executive Director
Parent Action

This workshop focused on why Parent Action, the only national membership organization for all parents, was established, what its goals are, what it does, and how

parents can get involved. Discussions centered on family issues and ways to help parents empower themselves to support our country's goal of strong, nurturing families.

Workshop 12

Enhancing Readiness to Learn: Mental Health and Social Competence in Early Childhood

Sandra J. McElhaney, M.A.

Director of Prevention
National Mental Health Association

Maurice J. Elias, Ph.D.

Associate Professor of Psychology
Rutgers University

The National Mental Health Association has long recognized the role of social competence in enhancing children's readiness to learn and to prepare for their roles as productive citizens. This workshop reviewed National Mental Health Association efforts in this area and outlined the best practices in early childhood programs.

Workshop 13

New Information for Parents about Nutrition for Young Children

Helen D. Lilly, Ph.D.

Food and Nutrition Service
U.S. Department of Agriculture

This workshop addressed what parents need to know about good mealtime experiences for the toddler and how to implement the new U.S. Dietary Guidelines in the diets of children older than two.

Workshop 14

Health Care for Children Living in Poverty

Charles P. LaVallee

Executive Director

Western Pennsylvania Caring Foundation, Inc.
Caring Program for Children

The Caring Program for Children provides free primary health care coverage to children who live in poverty but are ineligible for Medicaid. The workshop examined the impact of this innovative public-private partnership, which is now operational in 15 States. The Caring Program's new initiative, care coordination for children with special health care needs, was also presented. Plans for national replication were highlighted.

Workshop 15

Our Children Are Dying—What Are You Gonna Do?

Beverly Coleman-Miller, M.D.

President

The BCM Group, Inc.

This interactive workshop offered parents and others ways to control an apparently uncontrollable problem—violence and its impact on our children. Specific, proven initiatives were presented, along with the newest ideas from the leaders in the field. The roles of the community and the schools were discussed.

Workshop 16

Improving Access to Care: Peer Support Groups for Low-Income Pregnant Women and New Parents

Judith Rosenberg, L.C.S.W.

Director

Support Group Training Project

Both service providers and policymakers now acknowledge the need to address nonmedical social and psychological barriers that block access to care and preclude

improvement in the health of low-income populations and promotion of positive health practices. The Support Group Training Project organizes and facilitates peer support groups that are an effective way of delivering health education to low-income and minority pregnant women and new mothers.

Workshop 17

Poverty, Illness, and Child Development: A Pediatrician's Perspective

Steven Parker, M.D.

Director, Developmental Assessment Clinic
Boston City Hospital

This workshop focused on the double jeopardy of children growing up in poverty: (1) the increased risks for exposure to medical illnesses, substance abuse, and family disorganization and (2) the deleterious effects of these risks on children's ability to learn. Strategies about how to meet these children's needs were discussed.

Workshop 18

U.S. Department of Education Resource Room

The Education Resource Room was available for Conference participants to obtain more information on relevant programs that are administered by the Department of Education. Printed materials were available, and program officers were on hand to explain how each program works, how to apply for funding, and other important information.

Workshop 19

Parent/School Partnerships: A Chapter I Strategy for Improving Student Achievement

Diane D'Angelo
Research Associate
RMC Research Corporation

Chapter I programs have long advocated the involvement of parents in their children's education. This workshop provided participants with an overview of Chapter I programs, requirements for parent involvement, strategies to involve parents, and suggestions for home-based activities parents can use to support their children's education.

Workshop 20

"As I Am": An Early Childhood Mental Health Curriculum

Kirsten Hansen, M.Ed.
Director, Head Start Mental Health Project
Georgetown University Child Development Center

Promoting good mental health practices is important for all children. This workshop introduced the concepts of mental health, related methods of incorporating the curriculum into daily life, and presented lesson plans.

Workshop 21

Preventable Developmental Disabilities

Godfrey Oakley, M.D.
Division of Birth Defects and Developmental Disabilities
Centers for Disease Control

This workshop focused on major opportunities to prevent poverty-associated disabilities including mental retardation, spina bifida, and fetal alcohol syndrome.

Workshop 22

Childhood Lead Poisoning Prevention in the 1990s

Susan Binder, M.D.
Chief, Lead Poisoning Prevention Branch
Centers for Disease Control

This workshop focused on the Centers for Disease Control statement Preventing Lead Poisoning in Young Children. It presented simple ways to reduce lead exposure, and the shift to primary prevention of lead poisoning was discussed. The workshop also examined the roles of the following groups in preventing lead poisoning: Federal, State, and local agencies; legislative bodies; advocacy groups; private foundations; and individuals.

Workshop 23

Bright Smiles, Bright Futures: A Multicultural Approach to Oral Health Education

Alice M. Horowitz, M.A. (Moderator)
National Institute of Dental Research
National Institutes of Health

Marsha E. Butler, D.D.S.
Colgate-Palmolive Company

Robert S. Gold, Dr.P.H., Ph.D.
University of Maryland

Janice M. Hamilton, M.S.
JMH Communications

Through a partnership with national Head Start and the University of Maryland, Colgate has developed a multicultural oral health education curriculum with interactive activities and support materials for pre-school and first grade children. Its specific aims are to (1) improve children's oral health knowledge, (2) improve children's attitudes toward preventive oral health care, (3) positively influence children's oral health behavior, and (4) encourage family involvement in children's oral health.

Workshop 24

Parents as Teachers: Ensuring Good Beginnings for Children

Mildred M. Winter, M.Ed.
Executive Director
Parents as Teachers National Center

This workshop centered on parents' role as the first and most influential teachers of their children and on a home-school partnership that supports parents of children from birth to age three in this role. Results from evaluations of the program's effectiveness were presented. Adaptations for teen parents, the childcare center, the workplace, and other program settings were described.

Workshop 25

Feeding Hungry Children

Barbara Hallman
Chief, Policy Branch, WIC Division
Food and Nutrition Service
U.S. Department of Agriculture

This workshop provided a description of the range and scope of food assistance programs available to Americans, with special focus on those serving very young (preschool) children.

Workshop 26

Tackling Children's Health in an Urban Center: One Corporation's Model Initiative

Nancy Van Doren
President
The Travelers Companies Foundation

This workshop detailed the involvement of The Travelers in community-wide efforts to improve children's health in Hartford, Connecticut. The model focuses on

collaboration and coordination of community resources and services. This model may be replicable in other communities.

Workshop 27

National SAFE KIDS Campaign—Preventing the Number One Killer of Kids: Childhood Injury

Herta B. Feely, B.A.
Executive Director
National SAFE KIDS Campaign

Childhood injury is the leading threat to the health of America's children. The National SAFE KIDS Campaign illustrates how community-based childhood injury prevention activities (in the areas of traffic injury, burns, falls, poisonings, chokings, and drownings) can be effective in reducing this threat. The workshop informed participants about the Campaign's resources and how to become involved in local SAFE KIDS initiatives such as Project GET ALARMED, SAFE KIDS BUCKLE UP, and the SAFE KIDS Bicycle Helmet Campaign.

Workshop 28

Capacity Building Through Early Intervention

Connie Garner, RNC, MSN, Ed.S.
Senior Program and Policy Specialist
Office of Special Education Programs
U.S. Department of Education

This workshop examined strategies for capacity-building for families with children with disabilities using the Part H conceptual framework. Links between health and education served as a fundamental building block of this discussion.